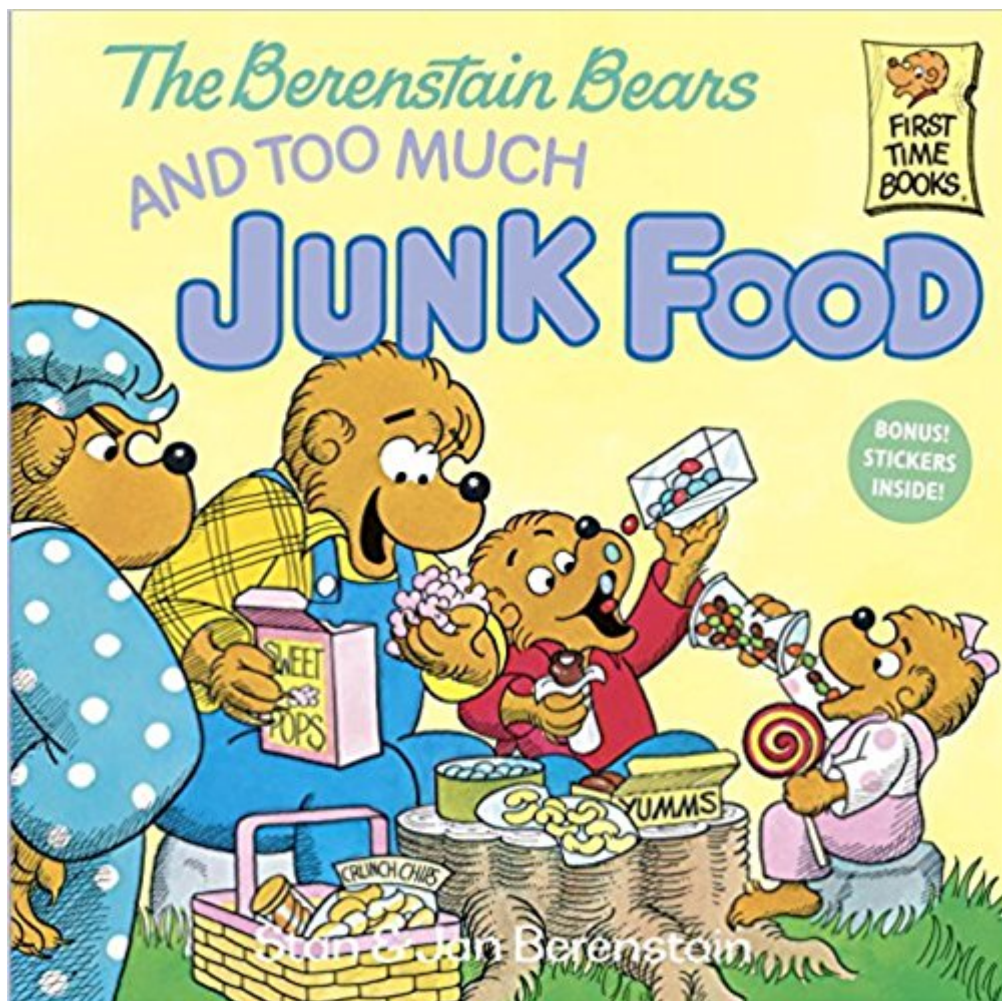


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# The Berenstain Bears And Too Much Junk Food



## Synopsis

This classic Berenstain Bears story is a perfect way to teach children about the importance of eating healthy and staying active! Come for a visit in Bear Country with this classic First Time Book<sup>®</sup> from Stan and Jan Berenstain. Papa, Brother, and Sister are eating way too much junk food, and it's up to Mama and Dr. Grizzly to help them understand the importance of nutritious foods and exercise. Includes over 50 bonus stickers!

## Book Information

Lexile Measure: AD690L (What's this?)

Paperback: 32 pages

Publisher: Random House Books; 1st edition (March 12, 1985)

Language: English

ISBN-10: 0394872177

ISBN-13: 978-0394880198

Product Dimensions: 8 x 0.1 x 8.1 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 182 customer reviews

Best Sellers Rank: #5,481 in Books (See Top 100 in Books) #38 in Books > Children's Books > Animals > Bears #53 in Books > Children's Books > Growing Up & Facts of Life > Health #352 in Books > Children's Books > Humor

Age Range: 3 - 7 years

Grade Level: Preschool - 2

## Customer Reviews

Mama Bear lays down the law when she notices that Papa and the cubs are getting too chubby. With the help of Dr. Grizzly's slide show on how the body works, the Bear family makes a healthful adjustment in their diet and fitness habits. "A most enjoyable introduction to good nutrition and exercise."--(starred) "Science Books & Films.

Stan and Jan Berenstain were already successful cartoonists for magazines and adult humor books when they began writing children's books. The first story starring the bear family, *The Big Honey Hunt*, appeared in 1962. Since then, more than 360 Berenstain Bears books have been published, and more than 300 million copies have been sold. What began as an idea sparked by their young sons' love of reading has become one of the best-selling children's book series ever.

This series was my favorite as a kid and I enjoy reading these stories to my daughter. This story talks about the role of food in your body and even has "x-rays" of a bear skeleton and digestive system with the food pyramid. It also stresses the importance of exercise.

Classic.....how can you not love it.

This is one of my favorite Berenstain books! I use it to teach healthy eating habits to my second graders. It makes a good introduction to the lesson.

Great learning and discussion book

We read and reference this book all the time.

I loved the book it is very easy to be understood by a three years old kid and very interesting as well.

My daughter couldn't afford to buy my grand kids books and they love reading. I am not able to do a lot of "extra spending" either but want the children to love books like I do and have the opportunity to have some. I was so glad to find these and at such a wonderful price. I was able to get the kids each several books of their own and they were so glad to get them to! Go Nanny!!! I will be buying some more for them too!!

I am a director of a Christian based children's club, and use these books as part of our program requirements. Good pictures are a must. Love it.

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Lights) The Berenstain Bears and the Biggest Brag (Berenstain Bears/Living Lights) The Berenstain Bears and a Job Well Done (Berenstain Bears/Living Lights) The Berenstain Bears Sister Bear and the Golden Rule (I Can Read! / Berenstain Bears / Living Lights) The Berenstain Bears and the Joy of Giving (Berenstain Bears/Living Lights) Berenstain Bears and the Forgiving Tree (Berenstain Bears/Living Lights) The Berenstain Bears and the Easter Story: Stickers Included! (Berenstain Bears/Living Lights) The Berenstain Bears and the Easter Story (Berenstain Bears/Living Lights) The Berenstain Bears: Kindness Counts (Berenstain Bears/Living Lights) The Berenstain Bears Say Their Prayers (Berenstain Bears/Living Lights) The Berenstain Bears: God Loves You! (Berenstain Bears/Living Lights) The Berenstain Bears Show Some Respect (Berenstain Bears/Living Lights) The Berenstain Bears God Made You Special (Berenstain Bears/Living Lights) The Berenstain Bears' Harvest Festival (Berenstain Bears/Living Lights)

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